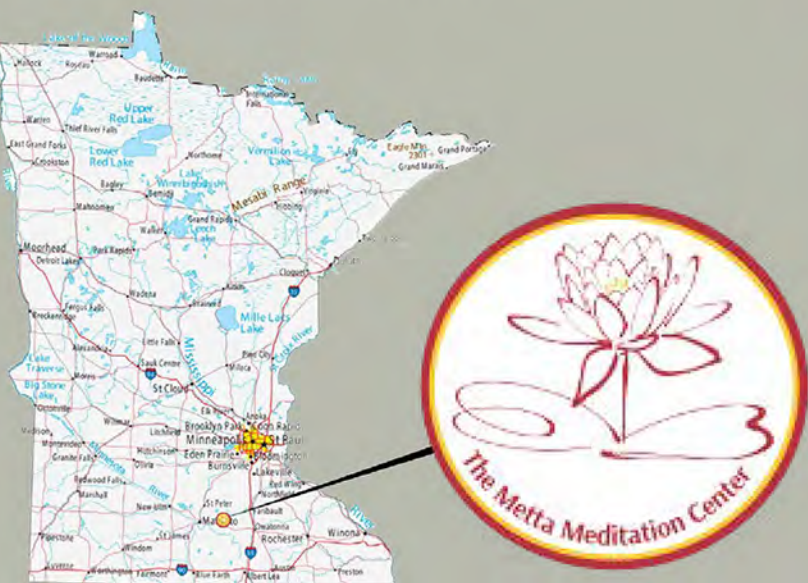


The Metta Meditation Retreat Center

A peaceful space for groups and individuals

The Metta Meditation Center provides lodging, facilities, and programs for those seeking space for Retreats, educational enrichment, relaxation, and spiritual renewal. We welcome all people to our serene setting with gracious hospitality.

The Metta Meditation Center is located on 37 acres on the eastern shore of Lake Elysian near Janesville, Minnesota. The Center is a 20-minute drive from Mankato and one hour from Minneapolis and St Paul.



2021 SEARCH FOR SHELTER DESIGN CHARRETTE
Creating Affordable Design Solutions to Meet Minnesota's Housing Needs Since 1987

February 12-21, 2021
bit.ly/aiaamnsfs

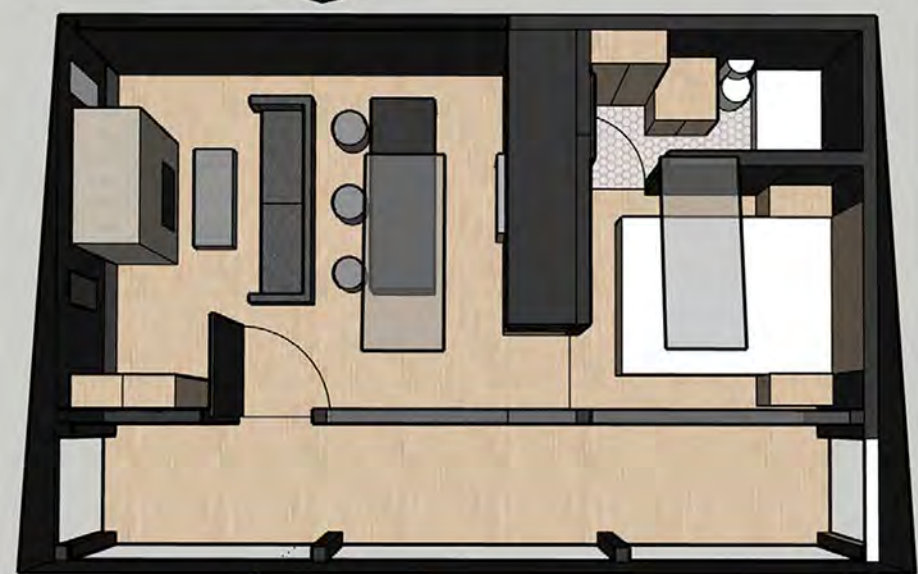
TEAM 4
The Metta Meditation Retreat Center

Hope Brands
Anna Farley
Estela Gomez Valerio

Fig Lee Johnston
John F. Klockeman, FAIA, LEED AP
Madelyn Sundberg, AIA

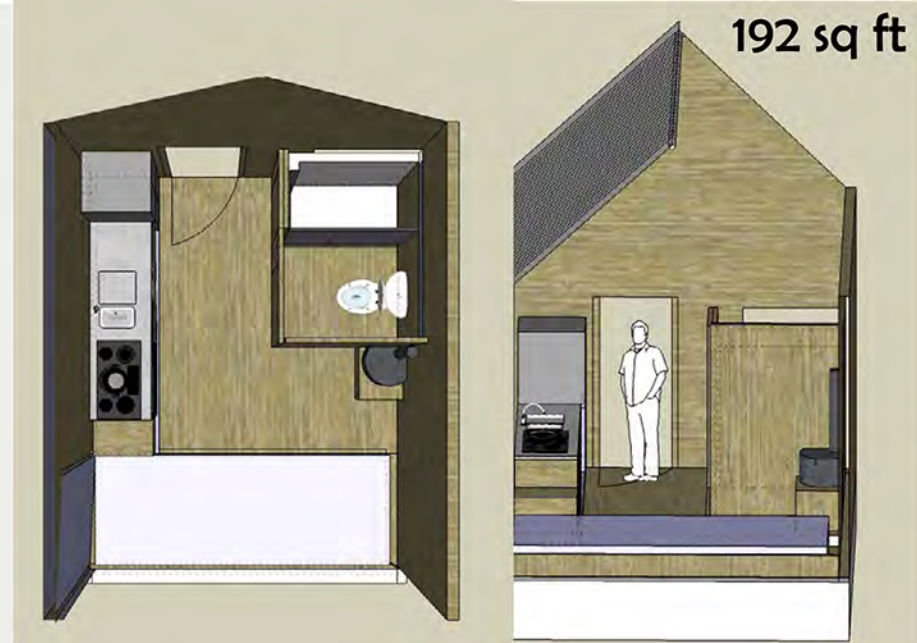
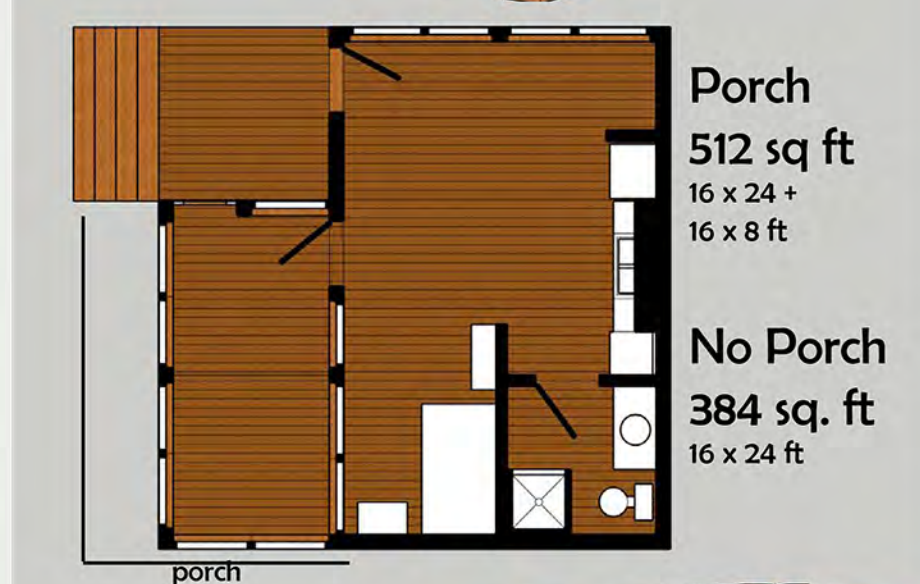






^

This cabin incorporates both an indoor and outdoor feel throughout its design. The large windows and wood features provide an experience of relaxation, making it the perfect place to get away. Through its natural light, covered porch, and fireplace, this cabin allows residents to feel connected with nature during their meditative retreat.



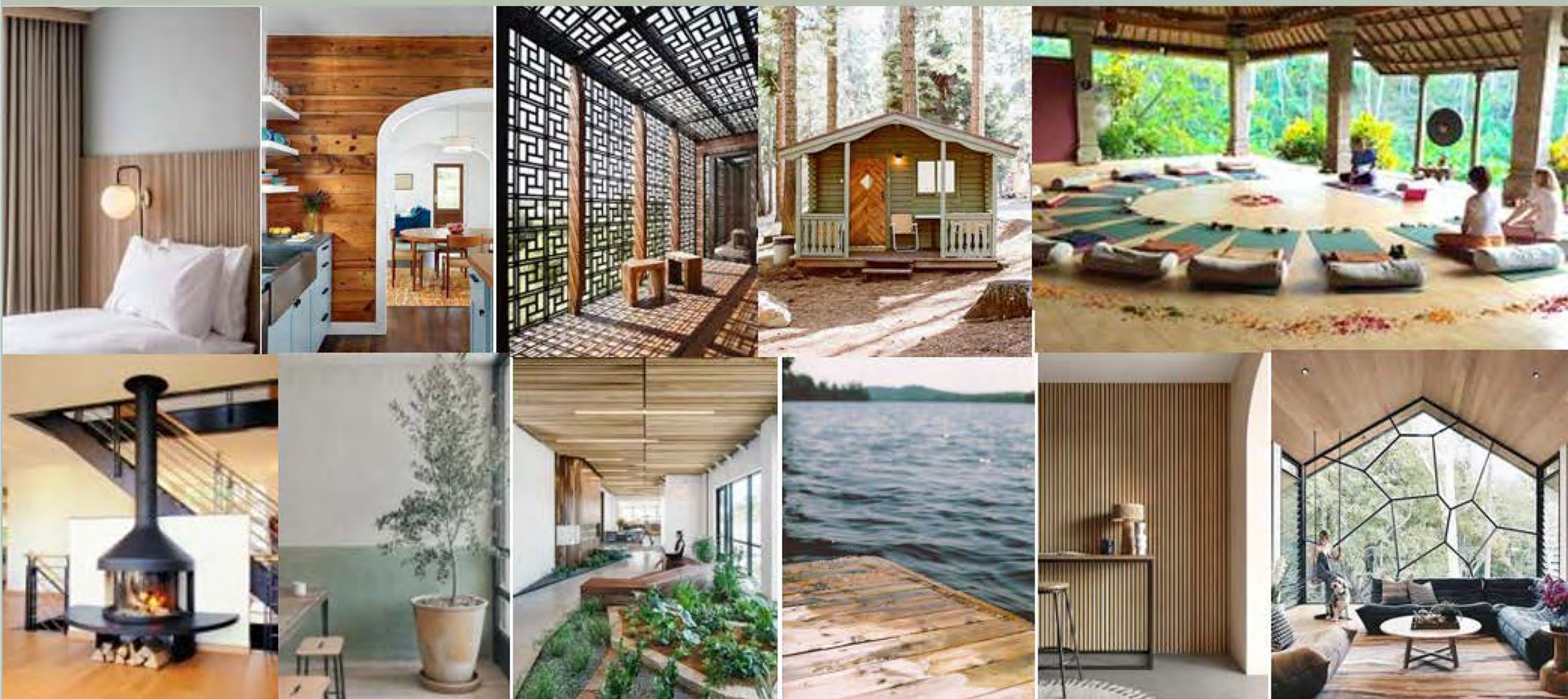
^

We studied precedents under 200 sq ft, which make a smaller environmental impact. The best ideas were Murphy Beds which save space but are still accessible, small stoves (electric, woodburning, etc) to heat the small space, energy efficient windows and heavy-duty insulation.

<

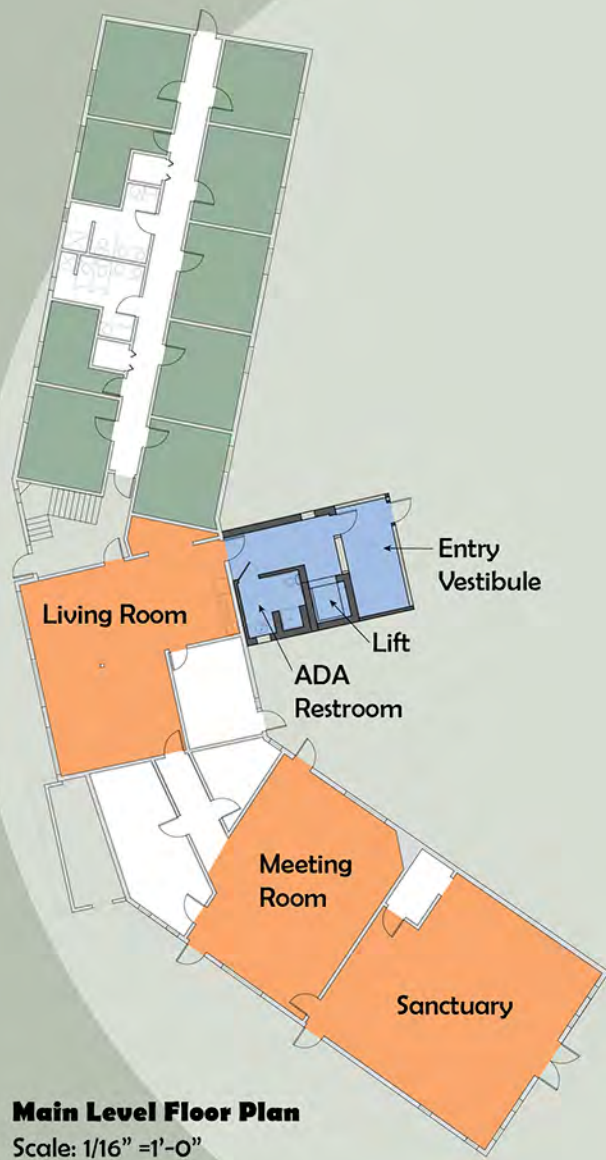
This layout utilizes SIPs (Structural Insulated Panels) for ease of construction, affordability and energy efficiency. The simple 8-ft x 8-ft grid is conducive to their efficient use. This concept creates either a 16-ft x 24-ft simple cabin with a 8-ft x 24-ft porch or a portion of the porch becomes an enclosed screened deck. The gable end facing the lake uses large expanses of view-capturing glass while the other elevations keep the glass up above eye level to maintain a solitary feeling conducive to meditation without the distraction of activity around neighboring cabins.





Nathaniel Hall Retreat Center Addition

The Retreat Center is the hub of group activity at Metta. It houses meeting rooms, kitchen and dining facilities, and 18 resident rooms accommodating either single or double occupancy. The renovation effort on which we focused emphasizes accessibility. The small addition to the non-lake side of the structure allows for the adding of an accessible wheelchair lift as well as a fully accessible restroom on each floor. We chose the non-lake side to maximize the lake views from the center's east windows without the compromise of reducing those view opportunities.



- Legend
- Residential
 - Communal
 - Support
 - Addition

East Entrance



West Entrance

